## Word Are Wings® Stuttering Solutions™ & Fluency Flier Academy™

First I heard of Fluency Flier

My name is Andrew Miceli, M.A., CCC-SLP. I am autistic and a lifelong severely profound stutterer now fluent who brings experience from both sides of the treatment table as a clinician and a client.

I've had the neurophysiology and genetic makeup of a stutterer since birth but didn't begin stuttering until just after turning four years old. That was 49 years ago and during the past (almost) five decades I have become certain of two things. Firstly, stuttering is one of the most misunderstood and underappreciated speech disorders in the United States; it's misunderstood because the majority of the public doesn't know what it really is, and it's underappreciated because instead of being taken seriously stuttering has routinely been – and continues to be – the target of mockery and laughter in mainstream society and culture. Secondly, stuttering absolutely has the ability to transcend being a speech "disorder" or "problem" because of its potential to debilitate and even cripple quality of life to the point where it can cease to exist (thankfully not all stutterers experience this but the path of pendulum swings 180 degrees).

That is where Words Are Wings® comes in.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ short-term sessions and long-term comprehensive programs are for stutterers who want to take back their quality of life by learning how to control their stuttering and subsequently speak fluently.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ short-term sessions and long-term comprehensive programs require proactivity and full practice compliance from each client. There is no magic button or wishing the stuttering to disappear (even though it firstly appeared, seemingly, out of thin air). Whether you're a stutterer who stutters openly and proudly looking for a little extra help or a stutterer needing to relearn how to speak from the ground-up due to sustained stuttering over many years, Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ short-term sessions and long-term comprehensive programs are based on a team approach (between clinician and client) and that all clients practice their customized practice regimens between sessions.

There is an expression that many athletes, musicians, and other performance-based professionals adhere to: "If I stop practicing for one day I know it, for two days my teammates or bandmates know it, and for three days the audience knows it." **Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™** short-term sessions and long-term comprehensive programs whole-heartedly adheres to the approach that practice is the key ingredient in the desired performance result.

If you are a stutterer ready to proactively take back control of your quality of life by learning how to control your stuttering and subsequently speak fluently, *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ short-term sessions and long-term comprehensive programs are the right choice because it is one of personal investment…hence the need for sustained, full practice compliance.

- All ages are accepted; the only requirement is that you or your child is a stutterer.
- Services are available in all time zones both in-person (Tucson, AZ) and via webcam
- Every client (plus at least one parent or guardian if the client is under 18) works directly with me for the duration of their association with *Words Are Wings*®
- Words Are Wings® presently does not accept insurance; all programs are private pay
- A free consultation is offered to perspective clients (you work hard for your money so it's important to make sure Words Are Wings® is what you're looking for).

Please click on the following links to learn more:

Words Are Wings® Stuttering Solutions™ (short-term, session-by-session approach)

Words Are Wings® Fluency Flier Academy™ (long-term, comprehensive approach)

Words Are Wings® Stuttering-based Counseling Services

Words Are Wings® Stuttering Solutions™ Stutterer's Introduction Card

Words Are Wings® Stuttering Solutions™ Personalized Affirmations

Words Are Wings® Stutter-Step to Success™ Professional Networking Group

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings

Booking Andrew Miceli, M.A., CCC-SLP for a Lecture or Presentation

Contact Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™

Take control of your stuttering, your fluency, and your quality of life; contact *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ today.

Words Are Wings® Stuttering Solutions™ is for stutterers whose quality of life is intact by actively adhering to a particular fluency-shaping program or methodology looking to fine-tune their existing fluency-shaping techniques or perhaps add an additional technique to their existing fluency toolbox. The client's overall speech mechanics are sound yet perhaps in need of a little fine-tuning (just like a motor that runs yet could use a little tune-up).

Words Are Wings® Stuttering Solutions™ is also for stutterers who stutter openly and proudly, are comfortable with how their speech mechanics are presently functioning yet may still be looking for a technique to have at their disposal during those more difficult stuttering episodes (just in case).

Each hour-long *Words Are Wings*® *Stuttering Solutions*™ session is \$100.00 per hour. This includes customized practice regimens and tools re: the target technique as well as communication with me between sessions if you want to make sure you're practicing correctly or have any questions about the target technique. It is encouraged that clients reach out with any questions or concerns so that their practice between formal sessions in done correctly.

A target technique may include any of the following:

- Diaphragmatic breathing
- Passive airflow
- Speech initiation
- Coordination of breathing and speech initiation
- Connected speech
- Light articulatory contact
- Easy onsets
- Sustained airflow during speech
- Speaking volume
- Speaking softness
- Speaking velocity
- Optimizing external device usage
- Other

These are the components of our speech mechanics as speakers, whether a stutterer or nonstutterer, that must work together in order to produce fluent, intelligible speech. They address the mechanics of speech which are faulty and subsequently become interrupted in the voices of stutterers. This is evidenced by the answer to the following question: is it that you, as a stutterer, don't know what it is you want to say, or, do you know exactly what you want to say but physically (think *mechanically*) cannot say it at the precise moment in time that you want to?

Daily proactivity and practice compliance are paramount between sessions to increase success probability and sustain gains.

Typically...one technique is targeted in a *Words Are Wings*® *Stuttering Solutions*™ *Short-term approach* hence why the process is session by session as this approach is for clients who should need a long duration of therapy.

For certain clients, it may be determined that more than one target technique is needed. Should a second technique be needed to compliment the stutterer's initial target goal a session-by-session approach could still be warranted; however, if it is determined that more than one or two techniques are needed then the *Words Are Wings™ Fluency Flier Academy™ Long-term, comprehensive approach* would be recommended as needing multiple techniques indicates the need to break things down and rebuild from the ground-up in terms of the client's speech mechanics. Like an athlete or a musician who didn't learn the proper mechanics or theory early-on, their habits need to be unlearned so that the proper training occur which increase the likelihood of better performance and results.

If you're a stutterer interested in *Words Are Wings*® *Stuttering Solutions*™ *short-term, session by session approach* please <u>contact me</u> today via any of the following:

Phone: 917-887-4716 (AZ MST 10:00am – 6:00pm for calls, 24/7 for texting)
Email: micelispeech@gmail.com (24/7)
Linked-In: linkedin.com/in/andrew-miceli (24/7)

(As I answer all correspondences personally, kindly allow one to two business days for a response.)

Words Are Wings® Fluency Flier Academy™
Long-term, comprehensive approach
(approximately one year)

Words Are Wings® Fluency Flier Academy™ (long-term, comprehensive approach) is for stutterers whose quality of life has become impacted and even unmanageable due to constant stuttering looking to relearn how to speak from the ground-up. There is an acknowledgment that past and present efforts to speak fluently have been, and are, unsuccessful and that a change is subsequently needed. This realization and acknowledgment are important because without it a year of time devoted to learning how to control your stuttering and speak fluently will seem like decades...when in truth many years (and perhaps decades) have already been controlled by not just stuttering but also the fear of stuttering.

Words Are Wings® Fluency Flier Academy™ (long-term, comprehensive approach) is a commitment to relearning how to speak correctly by a total breaking down and relearning of the speech mechanism and mechanics. Presently unsuccessful stuttering will be unlearned and replaced with functional baseline speech mechanics followed by learned, practiced, and honed fluency-shaping techniques that become the new way of speaking over time (approximately one year).

The year-long *Words Are Wings*® *Fluency Flier Academy*™ is \$5,000.00. This includes the *Fluency Flier Academy*™ manual, weekly sessions (with several breaks during the year), enrollment into the academy, customized practice regimens and tools, communication with me throughout the program duration to ensure you're practicing correctly, and troubleshooting whatever parts of the manual may be confusing or challenging. Sustained practice compliance is paramount to increase success probability as relearning to speak fluently by controlling your stuttering takes time and dedication.

As the cost is significant the following perspective is recommended: you're not only addressing your stuttering over the next year but your quality of life for the *rest of your life* by learning how to control you're stuttering and subsequently speak fluently (think of all the experiences you've had over the years that have been influenced and/or impacted by stuttering; wouldn't it be amazing to turn all of those experiences into memorable ones for all the right reasons, most notably, because you spoke fluently?)

Words Are Wings® Fluency Flier Academy™ targets all of the following core speech mechanic variables into every client's year-long program:

- Diaphragmatic breathing
- Passive airflow
- Speech initiation
- Coordination of breathing and speech initiation
- Connected speech
- Light articulatory contact
- Easy onsets
- Sustained airflow during speech
- Speaking volume
- Speaking softness
- Speaking velocity
- Optimizing external device usage

These are the components of our speech mechanics as speakers, whether a stutterer or nonstutterer, that must work together in order to produce fluent, intelligible speech. They address the mechanics of speech which are faulty and subsequently become interrupted in the voices of stutterers. This is evidenced by the answer to the following question: is it that you, as a stutterer, don't know what it is you want to say, or, do you know exactly what you want to say but physically (think *mechanically*) cannot say it at the precise moment in time that you want to?

Daily proactivity and practice compliance are paramount between sessions to increase success probability and sustain gains.

If you're a stutterer interested in *Words Are Wings*® *Fluency Flier Academy*™ long-term, comprehensive approach (approximately one year) please <u>contact me</u> today via any of the following:

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Words Are Wings®

Stuttering-Based Counseling Services

IMPORTANT: If you are a stutterer considering self-harm, please call 911 immediately or send a text to the following: <a href="https://www.crisistextline.org/topics/self-harm/">https://www.crisistextline.org/topics/self-harm/</a>

According to the American Speech-Language Hearing Association (ASHA) Scope of Practice in Speech-Language Pathology:

### Counseling

"SLPs counsel by providing education, guidance, and support. Individuals, their families and their caregivers are counseled regarding acceptance, adaptation, and decision making about communication, feeding and swallowing, and related disorders. The role of the SLP in the counseling process includes interactions related to emotional reactions, thoughts, feelings, and behaviors that result from living with the communication disorder, feeding and swallowing disorder, or related disorders." <a href="https://www.asha.org/policy/sp2016-00343/">https://www.asha.org/policy/sp2016-00343/</a>

As a speech-language pathologist (SLP) with a certificate of clinical competence from ASHA (CCC-SLP) who is also a stutterer...I bring experience, perspective, knowledge, and empathy from both sides of the table.

I would embed the page into your site

The general population (regardless of location, dialect, grammatical correctness or pronunciation) shares one thing in common: the speed at which everyone speaks. Americans speak so quickly that even nonstutterers who are subjectively viewed as "slow(er) speakers" often inadvertently cause frustration or even exacerbation to listeners who wish the person who is speaking slower would just speed-up and get on with whatever it is they're trying to say.

To use the analogy of driving: it's as if the general population speaks at 100mph because they can, and, they do so without acknowledgement (let alone patience and/or empathy) of those who need to speak at the speed limit, for example, at 55, 65 or even 75mph. This dynamic can pose a problem for people like us, as stutterers, who often benefit from speaking slower (at least some of the time).

If you are frustrated by your experiences in society (a.k.a. the general population) as a stutterer and would like to begin counseling please contact me today. Your frustration(s) re: your speaking difficulty will be acknowledged, and together over time we will strive for functional reassessment of your particular speaking challenge(s) due to stuttering from an updated perspective, and then determine how you, as a stutterer, can find renewal and purpose in terms of living, working, and speaking amongst the general population.

This distinction is important because we, as stutterers, objectively speaking are not representative of the general population in terms of verbal communication; we often have anticipatory anxiety, fear, worry, concern, and recurring frustration and embarrassment that the general population simply does not experience on a day-to-day basis if at all regarding speaking (I am not saying all stutterers experience these variables but many of us do on a daily basis to varying degrees).

If you're a stutterer feeling alone or isolated, frustrated by the laughter and mockery that society often shows you as a stutterer, or actively working on your fluency but the work still hasn't yielded the desired or targeted success(ss)...you can reach out and we can talk about it.

As stutterers, we sometimes need or want to speak with someone to truly understands what we're going through; a fellow stutterer who is also a speech-language pathologist is a good place to start, and a recommendation for more in-depth counseling, e.g., with a licensed mental health professional, will be proffered if the scope of concern begins to transition beyond stuttering.

If you're a stutterer interested in *Words Are Wings*® *Counseling Services*, please <u>contact me</u> today using any of the following:

Phone: 917-887-4716 (AZ MST 10:00am – 6:00pm for calls, 24/7 for texting)
Email: micelispeech@gmail.com (24/7)
Linked-In: linkedin.com/in/andrew-miceli (24/7)

(As I answer all correspondences personally, kindly allow one to two business days for a response.)

Words Are Wings® Stuttering Solutions & Fluency Flier Academy™ Stutterer's Introduction Card

An initial conversation can often be very challenging for us as stutterers – especially if the person with whom we're about to speak doesn't know we stutter. First time speaking situations such as ordering our food at a restaurant we've never been to, introducing ourselves or giving our phone

number to a new acquaintance, or asking where something is located in a store we don't shop at and where the employees subsequently don't know is...the anticipatory fear and resulting stuttering often associated with speaking with someone who doesn't know we're a stutterer for the first time can be overwhelming.

That is where the *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ *Stutterer's Introduction Card* comes in.

The card is the size of a business card and can be presented at the beginning of any new or unfamiliar in-person speaking situation. The card is customized with your name on it and presented within the following message:

#### FRONT:

**Stutterer's Introduction Card:** 

My name is John Doe and I'm a stutterer. Please be patient as it may need some time to say what it is I need to say. Thanks for your kindness and understanding.

Great Idea

#### BACK:

For more information on stuttering Please visit www.wordsarewings.com

The *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ *Stutterer's Introduction Card* is not crutch, but rather, a scaffolding tool.

The message is short and simple, presents stuttering as something challenging as opposed to humorous, and gets right to the point by addressing the 800-pound elephant in the room that only we as stutterers see and know about. In turn, this gives the listener a heads-up re: what they will hear (to varying degrees as we as stutterers don't stutter the same amount or necessarily in the same way) while simultaneously eliminating the element of surprise that many of us, as stutterers, fear and to which many listeners often don't respond favorably (not necessarily out of maliciousness as laughter can be the autopilot response associated with uncertainty or nervousness when someone doesn't know how to react to something that is unfamiliar or unexpected; case in point – when a stutterer starts stuttering and the listener is not expecting this to happen and perhaps has never heard someone stutter in real-life until now).

The *Words Are Wings*® *Stuttering Solutions*™ *& Fluency Flier Academy*™ *Stutterer's Introduction Card* can be implemented into a fluency-shaping program as it literally buys you, as the stutterer, a few moments of time (while the listener is reading it) to apply any breathing and/or speaking techniques you may be using or wish to try using during that particular speaking instance.

If you're a *Words Are Wings*® *Stuttering Solutions*™ or *Fluency Flier Academy*™ client, the card is included in your services per request. If you're not a client but would like to purchase a card the cost is...(Rebecca – suggestions? \$5.00? \$10.00? More? Less?)

If you're a stutterer interested in receiving or purchasing a *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ *Stutterer's Introduction Card*, please <u>contact me</u> via any of the following:

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Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™

PERSONALIZED AFFIRMATIONS

Affirmations, if written correctly and repeated daily multiple times per day for at least one month (some say 21 days, some say longer than a month; it all depends on how much transitioning is

required and we as stutterers often have a lot of suboptimal self-talk that needs transitioning) can reportedly change neural pathways in the brain.

There are tons of data on the internet that discuss this premise. One of the best explanations is text from **Jaeden Schafer's** LinkedIn page which can be found at the following web address:

https://www.linkedin.com/pulse/science-behind-affirmations-jaeden-schafer-/

"Positive affirmations are becoming more and more mainstream as millions of people around the world are discovering the amazing benefits and life changing results they offer. But are affirmations just hype and pseudoscience or is there a scientific process behind them? The science behind affirmations is quite simple. When you say something to yourself, or write it down, you are essentially creating new neural pathways in your brain. Because every thought we have creates neural pathways in our brains...the more we think a certain thought, the stronger that neural pathway becomes and the easier it is for us to think that same thought again in the future. This is why it's so important to be mindful of our thoughts and to focus on thinking positive, empowering thoughts as much as possible. When we repeat affirmations, we are essentially creating new, positive neural pathways in our brains that will eventually become just as strong – if not stronger – than our negative ones. Every time you repeat an affirmation to yourself, you are reinforcing your neural pathways and making them stronger. This is possible because of something called neuroplasticity, which is the brain's ability to change and adapt in response to new information or experiences. Over time, this can lead to lasting changes in your thinking patterns and behaviors. And when you're thinking patterns and behaviors change, so too does your life.

Many thanks to **Jaeden Schafer** for stating things so clearly and positively.

**Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™** offers personalized affirmations for stutterers. Whether you're a stutterer who stutters openly or adheres to a fluency-shaping regimen, personalized affirmations can, over time and when combined with manifestation work and focus, transition a stutterer's view of myriad variables such as but not limited to:

- Worrying about our stuttering and/or an inability to speak fluently when desired or needed
- Worrying about how a potential listener will respond
- Anticipatory stress about a forthcoming speaking situation
- Self-worth within the context of being a stutterer
- Compliance resistance towards practicing a particular fluency-technique or program
- Frustration from living and working in a society that generally mocks stuttering more often than it takes stuttering seriously
- Feelings of isolation and/or an antisocial lifestyle because of the fear of stuttering

Through the power of properly written, repeatedly recited affirmations the neural pathways of the brain can be rewired over time so that variables such as but not limited to the above-cited points begin to present as being more manageable to us as stutterers. While society's view of stuttering may still take a while to change (perhaps even a long while) due to decades of being told that laughing at stuttering, or any sort of disruption in fluency for that matter, is acceptable...our view of the daily struggles we experience as stutterers that result from society's insensitivity can be transitioned from fear to possibility, from hopelessness to hopefulness, and from failure to success(es).

If you would like personalized affirmations written specifically for you and your stuttering concerns, please <u>contact me</u> via any of the following:

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Linked-In: linkedin.com/in/andrew-miceli (24/7)

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Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Stutter-Step to Success Professional Networking Group

I have attended professional networking groups in New York (Manhattan), New Jersey (Elizabeth, Westfield, Jersey City), and Arizona (Tucson, Phoenix). Most if not all of these groups were not only

speed-based but an attending stutterer – me – who needed to speak slower than the established (a.k.a. *required*) speed-speaking velocity of the round-robin, 60 or 90-second temporal interval each participant was allotted to share their business name and services always seemed to cause a disruption in the rhetorical ebb-and-flow of the meeting despite speaking fluently.

While it is arguable these meetings were lacking empathy and acknowledgment of neurodivergent attendees such as a stutterer (and let's be honest: as the term "neurodivergent" is relatively new, the term "stuttering" is one of many that is commonly referred to as a "disability" or "challenge"), from the perspective of everyone else but me (literally) the fact that I needed to speak slower and softer than every single other attendee was, to the group, akin to everyone playing their vocal instrument (a.k.a. their speaking voice) proficiently and then – suddenly – one of the orchestra members hit a wrong note (a.k.a. my slower, softer speaking voice that, again, was fluent).

When the norm of a particular structure or framework such as a professional networking group is one of speed-speaking and everyone else is able to keep up...those who can't are, well, you get the idea.

If the general population insists on maintaining a speed-speaking dynamic their professional networking groups...then we as stutterers need our own.

That is where Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Stutter-Step to Success Professional Networking Group comes in.

All stutterers are welcome to join the group whether you're a *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ client, a stutterer who stutters openly and proudly without using techniques, or a stutterer participating in a different fluency-shaping program or methodology; the only requirement for membership is that you're a stutterer looking to promote your business or profession. Meetings will be held in-person in the Tucson, AZ area or on Zoom for members who are located outside of Tucson or Arizona. The frequency of meetings will be determined by membership numbers, availability (e.g., due to different time zones), and whether multiple meetings are needed to accommodate all participants.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Stutter-Step to Success Professional Networking Group meetings will be slower-paced to accommodate our needs as stutterers with an emphasis on patience and empathy, and the needed amount of time for every stutterer to have their turn. If you're a stutterer who stutterers openly or a stutterer using fluency-shaping techniques you will have the time you need.

The goal is to promote our respective businesses, professions, and ourselves within a rhetorical environment that is respectful and accommodating to our speaking needs as stutterers.

The dreaded round-robin dynamic almost every stutterer hates or has been haunted by from their days in school (I know I still am) will occur from time to time (wait for it; here it comes); because the group attendees will all be stutterers appropriate patience, kindness and support will be prevalent during every *Words Are Wings*® *Stuttering Solutions™* & *Fluency Flier Academy™ Stutter-Step to Success Professional Networking Group* meeting which will, over time, help transition the previously-dreaded round-robin format to something that is not only possible but doable.

If you are interested in becoming a member of the *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ *Stutter-Step to Success Professional Networking Group* please contact me today via any of the following:

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# Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings

Stuttering is perhaps one of the most isolating challenges anyone could have. As we are a society that is largely if not totally based on our ability to keep up and keep moving forward with the masses

whether in terms of mobility or speech...sometimes stutterers just need and/or want to be around other stutterers as a reminder that there are more of us out there than we may realize. The moment a stutterer enters a room knowing that everyone else in that room is also a stutterer can be a very profound and even life-altering experience in so many positive ways.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings are for both clients and non-clients; the only requirement for attendance is that you stutter.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings are centered around the premise that learning to control your stuttering and subsequently speak fluently is not only possible but probable through hard work, time and practice compliance.

Stuttering is viewed through a lens of difficulty combined with possibility; of challenges interlaced with accomplishments. Stuttering is a complicated equation full of many variables that are often viewed differently from one stutterer to the next; accordingly, all aspects of stuttering are acknowledged and open to discussion but a belief that fluency is possible is the nucleus of the cell.

If you would like to attend a meeting yet do not feel like speaking at first that is absolutely fine as the point of the meetings are to be around other stutterers whether you're an active speaker or compassionate listener.

Stutterers who stutter openly and proudly are welcome to attend. If you're a stutterer presently not adhering to a fluency-shaping program or technique-based protocol please remember and respect the perspective that the *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ **Support Group Meetings** supports: that fluency is possible for all stutterers regardless of stuttering severity or how long you've been stuttering.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings are held in-person in Tucson, AZ and via Zoom for attendees outside of Tucson and around the country. There is a meeting for children under the age of 18 and accompanied by at least one parent or guardian, and a separate meeting for adults.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings in no way suggest that being a stutterer means there's something wrong; what is acknowledged and recognized are the speaking challenges all stutterers face as being potentially impactful to quality of life whether fleeting or constant, minimal or severe.

Through unity there is strength, and through togetherness rises possibility and hope.

Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings offer the chance for stutterers to find strength, a friend, a sense of togetherness and community, and to restore whatever amount of hope stuttering has impacted. What every stutterer hopes for is different; Words Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Support Group Meetings offer the chance to (re)discover what hope means for you as a stutterer.

"Even when the skies are cloudy the sun has still risen; its golden light just needs to find its way through the clouds. It's *your* time now." (Andrew Miceli, M.A., CCC-SLP)

If you are interested in becoming a member of the *Words Are Wings*® *Stuttering Solutions*™ & *Fluency Flier Academy*™ *Stutter-Step to Success Professional Networking Group* please contact me today via any of the following:

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(As I answer all correspondences personally, kindly allow one to two business days for a response.)

Word Are Wings® Stuttering Solutions™ & Fluency Flier Academy™ Booking Andrew Miceli, M.A., CCC-SLP for a Lecture or Presentation

I am available to lecture or give a presentation on stuttering either in-person or online. The chance to advance the cause of stuttering awareness to those who want to learn just how far the path of the

pendulum can swing in terms of stuttering severity is a cause that I embrace via 49 years of experience from both sides of the table as a severely profound stutterer now fluent and a professional speech-language pathologist recognized by the American Speech-Language Hearing Association (ASHA). I've spoken extensively on stuttering and can place it into context(s) for both stutterers and nonstutterers to learn and remain engaged.

Past target audiences include:

- Undergraduate and graduate speech-language pathology students (NYU from 2004 2006)
- Stuttering groups and/or organizations such as the National Stuttering Association (2007 at their Atlanta-based convention)
- K 12 school staff (teachers and administrative) in Tucson, AZ (2013 2016, 2018)
- Families of children and adults who stutter (1995 2018, NYC and Tucson, AZ)
- Workplace staff where stutterers are employed (2011 NYC)
- Support staff team member (1996 1998 NYC, National Center for Stuttering)

In addition to the above-cited target audiences I am always open to new audiences as every opportunity is an opportunity to advance the cause of stuttering awareness. Stuttering is different from other speech pathologies as it is something that, arguably, impacts the listener(s) just as much – if not more so – than ourselves as stutterers.

## Past target content includes:

- What is stuttering? The pathology vs. the stuttering itself
- Why stuttering is a neurophysiological problem and not a psychological or psychiatric one
- Educated hypotheses on why some children stop stuttering (as we still don't know for certain why this occurs)
- Stuttering as an interruption in rhythm, timing and control of speech and breathing (as we speak on exhaled air that must firstly be inhaled)
- What happens if stuttering continues through adolescence into adulthood
- What it means to be a stutterer in a country that laughs at stuttering
- Why American society laughs at stuttering
- How stuttering impacts both the stutterer and the listener(s) (arguably more the latter)
- Nonstutterers actually can and do understand stuttering without realizing it (with examples)
- Ways nonstutterers and parents of stutterers can proffer support and why it's so important
- Techniques for stutterers to control stuttering and speak fluently
- What it means to be a speech-language pathologist working with stutterers
- Direct vs. indirect treatment of stuttering
- Neurogenic/neurophysiological stuttering vs. acquired stuttering

NOTE: content is adjusted for congruency with the target audience(s), and additional content can be added if/when appropriate for a newly targeted audience.

Stuttering is a pathology that is often underestimated and unappreciated – even initially by those studying to be speech-language pathologists. To learn just how far the path of the pendulum travels in terms of stuttering seriousness and potential severity is not only a topic of interest but also often one of surprise.

If you would like to discuss booking a lecture or presentation, please feel free to <u>contact me</u> using any of the following:

Phone: 917-887-4716 (AZ MST 10:00am – 6:00pm for calls, 24/7 for texting)
Email: micelispeech@gmail.com (24/7)
Linked-In: linkedin.com/in/andrew-miceli (24/7)

(As I answer all correspondences personally, kindly allow one to two business days for a response.)

Thank you, Andrew Miceli, M.A., CCC-SLP

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Contact Page

(same as what's presently on the site now)

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BLOG text already written and emailed to Rebecca (the final version of the first/initial blog post)